This holiday season and throughout the year, the Library Sustainability Committee's Gift Guide makes it fun and easy to choose local, sustainable, fair-trade and recycled gifts and more.

Here are suggestions for gifts that support local small businesses and artisans, as well as places to find fair-trade sustainable items from around the globe.

Or maybe the perfect gift is something a little less tangible, such as a donation to a favorite charity or an unforgettable and fun experience.

Researchers have found that for those who already have plenty, experiences bring more happiness than material possessions. And San Diego has so much to offer! Consider a gift card to a favorite restaurant; tickets to the movies, a concert, or the theater; or a membership to one of our local gardens or museums.

This year's updated guide is full of resources and ideas that are great for the local economy, easy on the earth, and delightful to receive.

Enjoy the season.
SUPPORT LOCAL SAN DIEGO

**FARMERS MARKETS** offer a rich variety of crafts and homemade items. Click below to discover farmers markets throughout the San Diego area:

- Farm Bureau San Diego County - Certified Farmers Markets
- Summers Past Farms - Herb garden, gift shop, nursery, and classes

**MEMBERSHIP GIFTS** can be enjoyed all year long and have the added benefit of supporting local environmental groups or some of San Diego county's beautiful museums or gardens. Just to get you thinking, here are a few we came up with:

- Balboa Park ([Annual pass or Explorer pass](https)//- Unlimited entry to 16 museums with one pass
- Birch Aquarium - Visit year round while supporting educational programming and conservation initiatives.
- Japanese Friendship Garden - A bit of Japan in the middle of Balboa Park. This LEED-certified garden and tea house offers programming revolving around sustainability topics.
- San Diego Botanical Garden - Enjoy year-round blooms as you stroll through 27 gardens, including an interactive children's garden with a multi-level tree house.
- San Diego County Bicycle Coalition - Contribute to creating a bicycle-friendly city. The Coalition sponsors events, offers maps and information, and advocates for safe biking and walking infrastructure.
- San Diego Zoo
- San Diego Botanical Garden
- Birch Aquarium
- Japanese Friendship Garden
- San Diego County Bicycle Coalition
- San Diego Zoo
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- San Diego Botanical Garden
- Birch Aquarium
- Japanese Friendship Garden
- San Diego County Bicycle Coalition

**LOCAL NONPROFITS OFFERING VITAL SERVICES**

- **Border Angels** - A San Diego–based non-profit that advocates for human rights and humane immigration reform and social justice with a particular focus on issues related to the US-Mexico border, Border Angels provides vital services including water drops in the desert, sheltering refugees, advising undocumented immigrants, educating the public, and more.
- **San Diego Coastkeeper** - Give the gift of clean fishable, swimmable, and drinkable water with a one-time or recurring donation.
- **San Diego Food Bank** - Feed San Diego with your donations of dollars, products, or time.

**JOIN A CSA (COMMUNITY SUPPORTED AGRICULTURE)** to enjoy locally and organically grown food.

- **Be Wise Ranch** - Select from several pick-up sites in San Diego.
- **Garden of Eden Organics** - Delivers to campus on Thursdays from 12:30–2:00.
- **UC San Diego Roger's Community Garden** - Lease a plot and grow your own!

**CONSCIOUS DINING & COOKING**

Amazing options are out there! Below are lists of dining and cooking options throughout San Diego:

- **Best of Vegan in San Diego 2017** - Community choices compiled by Vegan in San Diego
- **OFR (Ocean Friendly Restaurants)** - List compiled by Surfrider Foundation, San Diego Chapter
- **San Diego Coastkeepers list and tips** - How to find sustainable seafood in San Diego
- **San Diego's Essential Vegan & Vegetarian Restaurants** - From Eater San Diego
- **San Diego's Top 15 Vegan Restaurants** - From the San Diego Union-Tribune; compiled in 2016, but they are all still here and they nailed it!
- **Soul Much** - This local bakery whips up delicious cookies using ingredients created from rescued food. Soul Much cookies are available online and at farmers markets in and around San Diego.
- **Vegan in San Diego** - Find meet-ups, cooking classes, businesses, services, events, festivals, recipes, and more! Hosted by Vegan in San Diego, Anthem North Park, and The El Cajon Boulevard Business Association.
HOLIDAY & GIFT EVENTS

25+ Free Holiday Happenings in San Diego - from the San Diego Tourism Authority

**December Nights at Balboa Park** - December 7, 2018 from 3:00–11:00 p.m. and December 8, 2017 from noon–11:00 p.m. Both evenings the museums in the park open their doors from 5:00–9:00 free of charge.

**Alternative Gifts Expo** - December 2, 2018 from 9:00 a.m.–1:30 p.m. (St. Paul's Episcopal Cathedral, 2728 6th Avenue, SD 92103). Purchase fair trade goods from around the world, including culinary treats, clothing, jewelry, and more. Enjoy free refreshments and live recorder music while you shop.

SHOPPING AROUND TOWN

**Fair Trade Décor** - This family-run business in Coronado combines a passion for human rights with a love for decorative arts. In addition to offering home decor and personal accessories from over 40 countries, the store hosts events and participates in many community activities.

**La Mesa California a fair trade town** - Since 2012, La Mesa has participated in the Fair Trade Towns movement. Their website explains more about fair trade and guides you to shopping opportunities in La Mesa and beyond.

**Pigment** - With locations in North Park and Point Loma, this artist-run, beautifully curated store features a variety of gifts made by local artisans, as well as unique pots and plants, and other treasures from around the world. Pick up the perfect gift or even a gift certificate to one of their many workshops.

**Simply Local** - Over 55 local merchants gathered in one shop in North Park offer up artistically crafted goods, 85% of which are made right here in San Diego.

SHOPPING FAIR TRADE & FUN GIFT IDEAS

**FOR CONSCIOUS DECISION-MAKING** check out these great resources before making your sustainable purchases:

**Charity Navigator** - This nonprofit guide to intelligent giving offers objective ratings to find charities you can trust and feel good about supporting.

**GoodGuide** - A free online source for the social and environmental ratings of brands and companies.

**Where Am I Wearing** - A valuable resource created by author Kelsey Timmerman based on his book about where our clothes comes from and the people who make them

ALL

**Fair Indigo** - Clothing and gifts, some made in America, some fair trade

**National Wildlife Federation** - An online store with some organic t-shirts and other neat gifts; your purchases help support their wildlife programs.

**Nature Conservancy** - offers a non-confrontational approach to preserving ecologically sensitive places worldwide. Shop their catalog for charming gifts or purchase a membership.

ACTIVE LIFESTYLE

**Gaiam** - Yoga clothing, exercise DVDs

**Klean Kanteen** - Stay hydrated on the go!

**Patagonia** - Environmentally conscious clothing
CLOTHING & SHOES

Hazelnut Kids - Children’s clothes, toys, and games
PrAna - Offering fair-trade clothing made from a variety of organic and recycled materials, PrAna maintains a commitment to "sustainability, community, and doing right."
Soul Rebels - Fair-trade footwear handcrafted in Ethiopia
Sustain U - A clothing company offering 100% recycled apparel that’s made in America
Toms Shoes - For every pair of Toms shoes sold, another is given to someone in need. Enjoy your new shoes even more because someone else will be enjoying theirs, too, courtesy of Toms and you. Now just think of the potential if other companies did this, even for just one month a year.

FOOD & SNACKS

Bee's Wrap - An alternative to plastic wrap made from beeswax, organic cotton, and other natural fibers; reusable and compostable - (Also, see Trader Joe's new offering of bee's wax wraps at $9.00 for a set of three!!)
Chico Bags - Reusable bags, including snack and produce bags, made from organic cotton and hemp
Lunch Skins - Reusable snack and sandwich bags, made in America. Buy online or brick-and-mortar fans can check out their retail partners.
Mountain Rose Herbs - Herbs, spices, and teas along with body-care items and aromatherapy products
People Towels - A replacement for one-time-use paper towels, made of 100% organic fair-trade cotton
SKOY cloths - Reusable cleaning cloths made of cotton and wood-based cellulose pulp. Use SKOY instead of paper towels for all your cleaning needs.
Soda Stream - Make your own sparkling water and carbonated drinks. No more empty bottles. Carbonator cylinders can be exchanged when empty.
Thailand Unique - Offers an alternative source of sustainable protein—insects! For that very special someone...
To-Go Ware - Bamboo utensil sets and stainless steel food containers
Vegan Essentials - Gifts and food with a special holiday section

HANDBAGS

Harveys Bags - Handbags made from recycled seat belts
Yoogi’s Closet - Authenticated pre-owned luxury goods

HANDCRAFTED & HOME GOODS

Ecochoices - A variety of natural living products for every room in your home, including the baby's. Enjoy shopping for eco toys and games, furniture and garden products, as well as hemp greeting cards, made from a blend of hemp and post-consumer recycled fiber.
Etsy - The world's handmade marketplace offers neat one-of-a-kind gifts including recycled, upcycled, and repurposed items.
Food52 - Make it, pack it, eat it, and enjoy! These eco-friendly finds take you from kitchen to table and beyond.
Great Green Goods - Everything featured on this blog is made from recycled materials.
Green Field Paper Company - Handmade paper crafted in San Diego, includes hemp paper, junk-mail paper, garlic paper, Grow-A-Note greeting cards, and recycled wrapping paper. This company offsets its electricity use by purchasing wind energy credits.
**Mighty Nest** - Create a healthy home with these eco-friendly & non-toxic products.

**Northern Sun** - Billed as "products for progressives," Northern Sun offers fun stuff including T-shirts made from organic cotton and/or made in the U.S.A.

**Novica** - Handmade products from global artisans who benefit from fair prices, no binding contracts, and the freedom to make a success of their craft by building a sustainable business.

**NaturalKidz** - Children's clothing store. Many of the clothes are made from recycled and/or sustainable products.

**Project Repat** - Quilts made from T-shirts you love but no longer use. Check out the website for more details and to find out how to design your own quilt!

**Serrv** - Beautiful hand-crafted items. This nonprofit fair trade organization is dedicated to lifting disadvantaged artisans, farmers, and their families out of poverty: "Behind every basket, tunic and necklace that we offer, you'll find a story of positive change."

**Ten Thousand Villages** - A fair-trade store with a variety of clothes and gift ideas

**Uncommon Goods** - With a focus on sustainability and good design, artists worldwide offer household goods, clothing, jewelry, and more.

**Viva Terra** - Recycled products including dishes, glassware, and vases

**TECHNOLOGY**

**Grovemade** - Eco-conscious bamboo and wool iphone & ipod cases made in Oregon

**Kill-a-watt electricity usage monitor** - This device monitors home energy usage and shows how much electricity appliances and other things in your home and garage use. Also available is the Kill-a-watt power strip.

**P3 International** - For the handy person. Check out the programmable thermostat. These are available at most home improvement stores. According to the EPA, the average family would save approximately $180.00 per year by installing a programmable thermostat in their home.

**Real Goods** - Carries many sustainable items including solar ovens and solar chargers for your phone and other small electronic devices

**FOR THE ANIMAL & PLANT LOVERS**

Many of these nonprofits survive on donations and need help feeding and caring for animals that they rescue throughout the year.

If you have an animal lover on your list, a donation to any of these organizations is sure to please.

**ANIMAL LOVERS**

**Animal Place** - Located in the Sierra Nevada foothills, this organization rescues farm animals.

**Animal Rescue Resource Foundation** - "ARRF is an organization with years of combined experience in rescue, spay/neuter and support of people that are helping animals get a better deal. We are a 501 (c) (3) Non-profit organization working to assist the rescue community, educate the public, and support low cost spay/neuter efforts." Wish list available for donations.

**Farm Sanctuary** - Rescue farm animals live out their lives in comfort while helping educate farm guests. Adopt an animal for a year; or Adopt-A-Turkey for a one time donation of $35.00. And for a donation of $150.00 you can sponsor the entire posse! Don't worry, they won't send a boxful of turkeys; once they receive your donation, the Farm Sanctuary sends pictures and fun facts about the birds.

**Gentle Barn Farm Sanctuary** - Rescues, rehabilitates, and gives sanctuary to abused animals. Children and other farm guests learn reverence for all life when they meet and learn the stories of the animals here. Adopt an animal for life!

**Lions, Tigers, and Bears** - A big cat and exotic animal rescue. Know someone who loves lions, tigers, or bears? Purchase them a two-hour guided educational visit of the sanctuary! Also accepts donations.

**Muttville Senior Dog Rescue** - Older dogs in shelters often do not find a home, which is where Muttville steps in. A $65.00 donation provides care for one rescued dog for an entire month.

**San Diego Audubon Society** - "The mission of San Diego Audubon Society is to foster the protection and appreciation of birds, other wildlife, and their habitats, through education and study, and advocate for a cleaner, healthier environment."

**San Diego Farm Animal Rescue** - "We rescue farm animals in need, educate through experience, and advocate for compassionate, sustainable, and environmentally friendly policies." SDFAR provides volunteer opportunities, tours the first Saturday of every month at 10 a.m. for free with no reservations required, animal sponsorship, donation options, and the ability to join their foster network!

**San Diego Humane Society** - Offers multiple ways to donate, including donating items from their wish list, celebration tags, and joining the Constant Companion Monthly Giving Program.

**Steam Punk Farms Rescue Barn** - "Rescue farm & home to humans, dogs, some cats, goats, chickens, ducks, tortoises, pigs, and a very old donkey. Built with re-purposed junk & lots of love."
**Back to the Roots** - A NorCal start-up offering a variety of products including a Gourmet Mushroom kit grown from coffee grounds.

**California’s Own Native Landscape Design, Inc.** - California native landscaping by Greg Rubin of Escondido. Consultations, design, installations, habitat restorations, etc. for the home or business.

**Las Pilitas** – Best online resource for California native plants.

**Moosa Creek Nursery** - California native plant nursery in Valley Center. Home gardeners can purchase plants via special orders with their local retail store.

**Olivewood Gardens** - A local garden and nutrition education center in National City. "Olivewood’s purpose is to build healthy families and a healthy environment. We work with children, families and adults through hands-on classes in the garden and the kitchen." Cooking classes, gardening classes, volunteer, and donation opportunities available!

**Seed Savers Exchange** - For the gardener on the list, this exchange is dedicated to saving and sharing heirloom seeds.

**Spikenard Farm Honeybee Sanctuary** - This Virginia farm raises money to educate people about the importance of honey bees. They provide classes, retreats, volunteer and intern/apprenticeship opportunities, as well as options to donate and a small store.

**UC San Diego community gardens** - UC San Diego has 6 campus gardens and one San Diego community garden all of which promote education and the growth of sustainable food and local produce.

**United Plant Saver** - Protects native medicinal plants of the United States and Canada and their natural habitats while ensuring an abundant renewable supply of medicinal plants for generations to come.

**City Farmers Nursery** - A San Diego garden center with organic plants and seeds, hydroponics and pond supplies, koi, water plants. They also offer classes.

**The Rainforest Site** - Take a few minutes to save the rainforest by simply clicking a button! Also, nine other causes could use your clicks as well. Run by GreaterGood.org, "a 501(c)(3) charitable organization that works to improve the health and well-being of people, pets, and the planet." Buy a free-trade or eco-friendly gift from their store or donate to support animals/ecosystems in need, such as bats, snow leopards, red pandas, otters, and more.

**Save the Redwoods League** - "Since 1918, Save the Redwoods League has pioneered innovative, science-based forest-restoration work, educated thousands of schoolchildren about the uniqueness and resilience of these wild marvels of nature, improved access to parkland and helped create parks and reserves that have touched the lives of millions of people from around the world."

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**SECONDHAND TREASURES**

**THRIFT & RETAIL SHOPS**

**Experience the thrill of the hunt!** Wonderful one-of-a-kind items—vintage, secondhand, and even new—can be found in San Diego’s many area thrift and resale shops. With their constantly changing inventory, these stores always have something new (to you). Added bonus? Supporting a favorite charity; buying items at a fraction of their retail price; even decluttering if you choose to donate or trade in some things of your own. Enjoy the satisfaction of knowing that you are protecting the environment by taking time to find the perfect gift. A sampling of stores can be found on Yelp!

Some staff favorites include:

- **Amvets** - Quality goods at bargain prices. Be prepared for some hunting and browsing but treasures abound.
- **Goodwill, San Diego** - Notes eco-stylist Danny Seo, "It's amazing what you can find at Goodwill. Vintage fabrics, wallpaper, and sweaters all make great wrapping--just look for rich textures.” The inventory at Goodwill stores varies by neighborhood and clientele. Try a few to find your favorites. And don’t miss Goodwill’s bookstores...\n
- **Fabulous Finds** - According to one of our librarians who volunteers there, “Fabulous Finds ... is so well laid out and stocked that shoppers forget it is a thrift store and not a fancy gift shop....I almost always leave with a few bargains. I find great gifts for Christmas and birthdays there. I actually bought a beautiful piano and a loveseat there in the past few years.”
VINTAGE & CONSIGNMENT
Curated, rather than simply collected, vintage and consignment shops offer treasures with a little less hunting. Save money and declutter by selling or trading in some of your own things for cash or store credit. These stores tend to cluster in neighborhoods that have great coffee shops, too. Try La Mesa, OB, or for a day south of the 8, check out the many vintage stores in Hillcrest, North Park, and South Park.

Best Used, Vintage & Consignment in San Diego
Best Consignment in San Diego
Best Fashion Consignment in San Diego

THE GIFT OF MUSIC
There's a reason vinyl has made a comeback, and CDs never quite went away. For all sounds analog, new and used, take a spin down to your local thrift store or for a more curated collection, try a spot that specializes in music.

Best Record Stores in San Diego
Yelp a few more musical options

BOOKS, BOOKS, BOOKS
From mass market paperbacks to vintage volumes and collectors editions, secondhand bookshops have something for everyone at prices that are often better than those found online. Experience the joy of browsing actual shelves while supporting a local business.

Best Used Bookstores in San Diego
Some staff favorites include:
Bluestocking Books in Hillcrest
D.G. Wills Books in La Jolla
Verbatim Books in North Park
Mysterious Galaxy in Clairemont
Maxwell’s House of Books in La Mesa
San Diego Public Libraries (Mission Valley is especially nice!)

ART SUPPLIES
ArtForm This creative reuse nonprofit has a store open most Saturdays from 10–2. Treasures galore for artists of all ages.

NEIGHBORHOOD SHARING AND RE-GIFTING
Online communities meet actual communities through local groups that give, regift, and share time and things. Find some great gifts, find new homes for items you no longer need, and meet your neighbors.

Buy Nothing Project - "Give where you live" while building community. This hyperlocal Facebook group is the place where neighbors share great gifts with one another. Request what is offered, offer what you wish, ask for what you need. Buy Nothing is a great way to find cool gifts while meeting your neighbors. Some of the things below were given by neighbors to neighbors through Buy Nothing.
DI.Y

DIY Projects.com Crafts from A-Z and some great ornament ideas
eHowArtsAndCrafts
45 Different Ways to Use Plastic Bottles in Sustainable DIY Crafts
16 Cereal Box Projects That Will Reinvent DIY
19 Brilliant Ideas to Label the Plants in Your Garden
Regrowing Vegetables from Scraps
Easy 7-Ingredient DIY Natural Beauty Recipes
50 Handmade Natural Beauty Products for Gifts

IDEAS FOR WRAPPING GIFTS GREEN
REMEMBER TO REUSE AND RECYCLE!

24 DIY gift wrap ideas When you run out of wrapping paper or boxes, you can still find and reuse materials around the house to make your presents look pretty.

11 Low-Waste Gift Wrapping Alternatives to Buy or DIY - Earth911 has some creative ideas for wrapping gifts, think fabric and old calendar pages.

According to Eco-Chick if every family wrapped just three gifts with reused materials we would save enough paper to cover 45,000 football fields!!! That is huge, so see if you can find ways to wrap just three presents this holiday season.

Eco Giftwrap - Leave it to Martha Stewart to have you wrapping gifts in materials as natural and exotic as birch bark. Some off-beat wrapping ideas sure to please crafters.

Furoshiki is Japanese wrapping cloth and can be made from all types of fabrics including cotton, rayon, and silk. See some ways to wrap various gifts on the Japanese Department of Environment's site. There are also some YouTube videos on Furoshiki wrapping techniques.

Herbal Dye Gift Bags make gift bags using plant material

Life changing gift wrapping hacks (video) Learn how to save paper when wrapping a present, how to turn a toilet paper roll into a pillow box, make your own ribbons, and turn a Pringles can into a gift box for unusual shaped presents.

More gift wrapping hacks

Make your own paper gift bows and gift bags using magazines or newspaper.

Holiday Gift Wrapping Ideas: Pinterest Inspiration - From Mother Earth News comes more wrapping inspiration.

CLEANING UP AFTER CELEBRATION

19 Clever Ways to Use Leftover Wrapping Paper
Holiday Recycling Tips from the City of Chula Vista
Recycle your tree
WHAT TO DO WITH "EXTRA STUFF"

**Rare Hare Studio / Art FORM (Found Objects Recycled Materials)** - A nonprofit that provides arts education with creative reuse to schools, teachers, and the community. Art FORM accepts *donated materials* and also offers creative reuse materials and art supplies to the community every Saturday from 10am–2pm. Visit the Saturday store at 3316 Adams Avenue, San Diego, CA 92116 and choose among fabulous reuse materials and art supplies, all available for a low-cost donation. All proceeds from the Saturday store benefit Art FORM’s school and community programs.

**Terracycle** - This is the company that purchases the UC San Diego Library defunct pens and markers. Check out the fun items that they have made from recycled materials, including ours.

FOR MORE INSPIRATION: BOOKS & MAGS YOU MIGHT ENJOY

The following books and magazine are a great place to get ideas on how to reduce, reuse, and recycle! Purchase some for gifts or look for copies at your local library.

**Drawdown** - The most comprehensive plan ever proposed to reverse global warming

**Eco-Friendly Crafting with Kids** - Quirky, colorful, and fun projects for pre-school kids and their parents to make together. Small children love crafting and creating, and it’s educational as well as enjoyable. Crafting can help develop fine motor skills and teaches small children to follow instructions and work alongside someone else.

**Junk Genius: Stylish Ways to Reinvent Everyday Objects** - Find highly rewarding and money-saving projects for repurposing any number of items and discover why making your own is a trend well worth exploring.

**Esther the Wonder Pig** - "Unlikely pig owners Steve and Derek got a whole lot more than they bargained for when the designer micro piglet they adopted turned out to be a full-sized 600-pound sow! This funny, inspirational story shows how families really do come in all shapes and sizes."

**The Humane Economy: How Innovators and Enlightened Consumers Are Transforming the Lives of Animals** - "A major new exploration of the economics of animal exploitation and a practical roadmap for how we can use the marketplace to promote the welfare of all living creatures, from the renowned animal-rights advocate Wayne Pacelle, President/CEO of the Humane Society of the United States and New York Times bestselling author of The Bond."

**Junk Beautiful: Room by Room Makeovers with Junkmarket Style** - One person’s trash is another’s treasure.

**Mercy for Animals: One Man’s Quest to Inspire Compassion and Improve the Lives of Farm Animals** - "A compelling look at animal welfare and factory farming in the United States from Mercy For Animals, the leading international force in preventing cruelty to farmed animals and promoting compassionate food choices and policies."

**Recycled Crafts Box** - Corrugated Castle. Fancy Foil Fish Mobile. Paper Bead Bangles. Braided Rag Coasters. Old Shoe Flower Pots. Puppy Dog Sock Puppet. With a little imagination, just about anything we think of as trash can be transformed into an art project good enough to give as a gift or to keep and treasure yourself.

**ReMake It!: Recycling Projects from the Stuff You Usually Scrap** - To the green and crafty kid, vintage LP covers, empty tissue boxes, and broken umbrellas are not trash—they’re treasures!

**Vegan Cookies Invade Your Cookie Jar** - Out-of-this world cookies along with some tips, tricks, and techniques for adapting some of your favorite recipes.

**Veganomicon: The Ultimate Vegan Cookbook, 10th Anniversary Editon** - A sumptuous and scrumptious update of a beloved vegan classic, 250 recipes, including some new ones, color photos, and tips to "make your kitchen a vegan paradise."

**Garbology: Our Dirty Love Affair with Trash** - "Waste," Humes writes, "is the one environmental and economic harm that ordinary working Americans have the power to change!"

**Wear No Evil: How to Change the World with Your Wardrobe** - how to navigate fashion and ethics

**VegNews** - The premier vegan lifestyle magazine, VegNews serves up the latest in meat-free news, food, travel, politics, and buzz. A fun and breezy read for anyone, vegan or not, this magazine has been named one of the 50 best life style magazines by the Chicago Tribune.

**Yes! Magazine** - A nonprofit, reader-supported, independent magazine that doesn't just report problems in the world, but also focuses on what people are doing to find solutions.

**HAPPY CONSCIOUS SHOPPING!**