

PLEASE DON'T BUY OR EAT ICEBERG LETTUCE.



LETTUCE MEANS POVERTY

Migrant and seasonal farm workers are among the poorest of our nation's workers. The average migrant lives to be only 49 years of age. Child labor is common.

As lettuce workers move from state to state following the harvests their children lose all chance for a decent education. Farm workers live in homes that have no toilets or running water. They are sprayed along with the crops with dangerous pesticides as they work.

Farm workers want to change these things and have joined together to form a union—the UNITED FARM WORKERS. They are not asking for charity. Through sacrifice and hard work the Union has won contracts for the California grape workers.

The union provides new protections for farm workers: toilets in the fields, improved wages, protection from poisonous chemical pesticides, health insurance, job security, holidays with pay, credit union, medical clinics, legal services and educational programs.

Now it is time to help the lettuce workers win union contracts, too. They want just pay and safe working conditions.

BOYCOTT LETTUCE!

Please complete this pledge and return it to:
UNITED FARM WORKERS NATIONAL UNION, AFL-CIO
Connecticut Lettuce Boycott Office
57 Farmington Avenue
Hartford, Connecticut 06105

Telephone 527-7191

TO AMERICA'S LETTUCE WORKERS:

I support your non-violent struggle for justice. I pledge not to buy or eat iceberg (head) lettuce. I will tell my family and friends about the lettuce boycott.

Please send me leaflets for me to distribute.

Contact me to arrange a film or speaker at my church, union, school, or organization.

I enclose a donation.

Name _____ Telephone _____

Street Address _____

City _____ State & Zip _____